

Placenta Encapsulation:

I process placentas by a Basic Westernized interpretation of TCM (Traditional Chinese Medicine) and use standard precautions. Placenta's contains mom's own natural hormones and is perfectly made just for mom, by my. Capsule and taking the placenta as medicine is an ancient Traditional Chinese Medicine healing technique. I will take their placenta with me after their birth, process it, capsules it and return it back to them, for them to begin taking it promptly. The science of placentophagy (ingesting your processed placenta) is being researched more and more in the United States and they have found it to be the number 1 postpartum depression therapy with many beneficial results such as:

- Eases hormonal fluctuations during the postpartum and menopausal stages
- Faster recovery from hemorrhage during childbirth
- Lessens bleeding during the postpartum period
- Balances their system
- Prevention of postpartum depression
- Reduces stress
- Reduces fatigue
- Increases energy
- Hastens the return of uterus to pre-pregnancy state
- Replenish depleted iron
- Replenishes nutrients
- Increases milk production

For some solid research follow the link: <http://newrootsbirth.com/placenta-research>